

STATE OF NEVADA

RENE NORRIS Chair

BEHAVIORAL HEALTH PLANNING & ADVISORY COUNCIL

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ALI JAI FAISON Vice Chair

Behavioral Health Planning & Advisory Council Quarterly Meeting Minutes January 21, 2016

Division of Public & Behavioral Health 4150 Technology Way, Room 301 Carson City, Nevada 89706 S. NV Adult Mental Health Services

6161 Charleston Boulevard, West Hall Las Vegas, Nevada 89146

1. Call to Order, Roll Call, and Introductions.

The chair called the meeting to order at 9:10am

MEMBERS PRESENT

Ali Jai Faison, Vice Chair Alyce Thomas Anis Abi-Karam Barbara Jackson Cynthia Matteson Debra Parra Denise Everett Elizabeth Burcio Heather Kuhn Hillary Jones Katherine Mayhew Mechelle Merrill Rene Norris, Chair Robert Volk Sharon Wilson Susan Maunder Susan Orton William Kirby

MEMBERS ABSENT

Dawn Walker

LaJune Primous

Marion Scott

STAFF & GUESTS

Anabel Ballard, Administrative Support Barry Lovgren, Private Citizen Dennis Humphrey Jeanette Belz, Lobbyist Jeanyne Ward, Nevada Peer Leadership Advisory Council Kevin Quint, Bureau Chief, Substance Abuse Prevention and Treatment Agency Meg Matta, Administrative Support Michael McMahon, Division of Public and Behavioral Health Ruben Harper, Expressions Behavioral Health Services, Inc. Stephanie Woodard, State Project Officer, CCBHC Grant Susanne Sliwa, Senior Deputy Attorney General Tracey Green, Medical Officer, Public and Behavioral Health

2. Public Comment

Ms. Burcio relayed concerns about availability of substance abuse treatment to pregnant women in Lyon County. Mr. Quint offered to review any complaints.

- 3. **Review, Discuss and Receive Public Comment on the Substance Abuse Prevention and Treatment Agency (SAPTA)/Mental Health Block Grant Application** Mr. Lovgren commented that he was happy to see Block Grant Application revisions regarding treatment for pregnant women and expansion of opioid maintenance therapy on the agenda for this meeting. He encouraged Council members to approve both agenda items.
- 4. Review and Approve Minutes from Council's By-Laws Meeting of September 10, 2015, and Quarterly Meeting of November 19, 2015

Ms. Jones moved to approve minutes of September 10, 2015, and from November 19, 2015. Mr. Kirby seconded and the motion carried.

5. Presentation on the Certified Community Behavioral Health Clinics (CCBHC) Grant

Dr. Woodard presented an overview of Nevada Certified Community Behavioral Health Clinics Planning Grant. In March 2014, the Protecting Access to Medicare Act (PAMA) was enacted which funded a two-phase (CCBHC) demonstration program. The first phase is the Planning Grant Phase in which CMS and SAMHSA awarded a total of \$22.9 million in CCBHC planning grants to 24 states. Nevada received a CCBHC planning grant in the amount of \$933,067 to engage stakeholders, certify CCBHCs, identify primary care and behavioral health services that will be available, implement evidence-based practices, support existing behavioral health and primary care providers, and establish a Performance Based Standards (PBS) methodology for payment.

The second phase will be the Demonstration Phase, where up to eight states will be selected to participate in the CCBHC demonstration. The goals of the CCBHC grant are to improve overall health by providing improved community-based mental health and substance use disorder treatment. Emphasis will be placed on care for individuals with serious mental illness, serious emotional disturbance, and chronic substance use disorders. Effective coordination of care through integration of behavioral health care will be developed, with physical health care to serve the whole person using consistent evidence-based practices.

CCBHCs are designed to provide a comprehensive range of mental health and substance use disorder services, particularly to vulnerable individuals with the most complex needs. States must certify that each CCBHC offers the required services either directly or through a formal contract with a designated collaborating organization (DCO). Through the demonstration, the required services must be offered and paid for even if they are not included in a states' Medicaid plans.

CCBHCs will support BHPAC's top five behavioral health priorities to be addressed in 2016 through 2018. These priorities are to increase the number and quality of behavioral health professions in Nevada, improve screening, assessment, and referral services for at-risk populations, support earlier access to prevention and early intervention services, increase community-based services across the system of care, and provide community-based intervention and support to address trauma and prevent incarceration. The BHPAC, in turn, will have a role in providing on-going feedback and input on planning stages, and representation on the CCBHC Steering Committee.

6. New Member Orientation Planning.

Ms. Kuhn informed the members that the technical assistance application, which is currently under review by SAMHSA, will provide access to new member orientation materials, webinars, and definition of member roles and expectations. There are also previously used materials which will need to be updated for use.

Ms. Norris said that in the past, trainings occurred in October. The format was one day for the meeting, and one day for training. Members were provided with an orientation binder containing information on the Block Grant and the duties of the Council. Mr. Faison suggested a sooner training would be more beneficial. Ms. Norris will coordinate with Mr. McMahon to decide possible dates.

7. Block Grant Application Revision to Increase Number of Pregnant Women Receiving Substance Abuse Treatment

Mr. Quint said there is a weekly block grant meeting working on changes. He said whatever this group decides, he will take back to the block grant committee for inclusion. Mr. Quint added that there was some inconsistency with the reported numbers on treatment for pregnant women. He offered the opportunity for the Council to set a target for the Block Grant committee to consider. Or, he will arrive at a target with the committee and bring it back to the Council for consideration.

Ms. Wilson moved to increase the number of pregnant women to receive substance use treatment in the Block Grant. Ms. Thomas seconded, and the motion carried.

8. Block Grant Application Revision to Expand Funded Opioid Maintenance Therapy to Washoe County

Currently, funded opioid maintenance therapy (OMT) is available only in Las Vegas. SAPTA certifies a number of facilities for OMT, but funds only one.

Ms. Wilson moved to expand funding for OMT to Washoe County and other areas in Nevada. Ms. Thomas seconded, and the motion carried.

9. Update on the Nevada Commission on Behavioral Health

Ms. Kuhn provided an update from Ms. Kinnikin. With regard to Children's services, they are working with the grant received by the State to help implement a statewide system of care-driven services for families. For adult services, they are continuing to address issues with seclusion and restraints, timely evaluation for forensic purposes, co-occurring treatment, and aftercare post-hospitalization. They are also working on an annual letter to the Governor that will reflect the successes and concerns of behavioral health in Nevada.

10. Update and Discuss the Statewide Peer Leadership Advisory Council

The last quarterly meeting was Nov 12, 2015 via conference call. The Council discussed the Individual Peer Certification Subcommittee work. What other states are doing and how our council wants to move forward with individual peer certification. The council assigned tasks.

The Subcommittee met Jan 13, 2016 via conference call. There wasn't a quorum so a new date was set for a meeting via conference call. The council is still moving forward with how to get an individual peer certification in Nevada as well as starting to plan how to help organizations implement SB489 that was passed in 2015. A new subcommittee call was set for Jan 28 from 10-11, the subcommittee will be discussing SB489.

The next NPLAC quarterly meeting is set for Feb 17, 2016 from 10-1130 via conference call. The council will discuss the assigned tasks from November's meeting and update the council on the subcommittee's work. All meeting announcements and notes are located on the website <u>NV.PPS.com</u>. Please direct any questions to Jeanyne Ward or Michelle Berry at CASAT

11. Overview of the Governor's Interagency Council on Homelessness.

Ms. Kuhn provided a short update provided by Mr. McMahon. The Council has come up with a Strategic Plan, and developed five workgroups to work on sections of the Plan. The next meeting is on February 28. If anyone has further questions, please contact Ms. Matta.

12. Update on Technical Assistance for Planning Councils

Ms. Kuhn said SAMHSA is currently reviewing their application for technical assistance. She expects to receive their recommendations in the next couple of weeks. An initial proposal was to begin with webinars and trainings before building up to an onsite orientation. Last summer, a survey based on SAMHSA's Behavioral Health Assessment IQ was sent to the members, and the survey responses together with additional comments were included in the application. If new concerns have arisen since that time, they will be incorporated. Ms. Norris asked Ms. Kuhn for a copy of the application.

13. Committee Reviews

• Executive Committee – Vacancies and Pending Members on Adult and Child Planner Committee

Ms. Wilson suggested the Chair send a letter to people who have excessive absences to notify them their membership may be rescinded.

• Behavioral Health Promotion Committee – Vacancies and Pending Members Ms. Norris asked for volunteers to join the committee. Ms. Mayhew and Ms. Everett volunteered.

• Nominating Committee – Vacancies and Pending Members

Ms. Matta reported that Sharon Wilson was in the process of submitting paperwork to renew her appointment; and Charlene Frost was sent an application but has not yet submitted it. The Council currently has one vacancy for someone in education and one vacancy for a co-occurring consumer. The member representing a family member for a child has not attended the meetings.

- **Rural Monitoring Subcommittee New/Returning Members** Ms. Burcio volunteered to participate in the subcommittee.
- **Bylaws Ad Hoc Committee** Bylaw changes will be voted upon at the next meeting.

Ms. Norris will email a description of the various committee responsibilities for distribution to the members.

14. Public Comment (No action may be taken on a matter raised under this item until the matter is included on an agenda as an item on which action may be taken; five (5) minute limit). Mr. Lovgren, a private citizen, said the bylaws state that the Council should monitor, review and evaluate the adequacy of mental health services in the State no less than once each year. The Governor's Order for this Council in 2013 called for a monitor, review and evaluation of mental health and behavioral health services. Behavioral health services include services for substance abuse and co-occurring disorders. Neither the Bylaws nor the proposed changes to the Bylaws address this expanded duty. If the Governor has ordered the Council to monitor these services, the Council should be provided resources sufficient to carry out the order. The BHPAC is not provided regular reports from the Commission on Behavioral Health for State agencies that address things like how many people are provided services and how many are on waiting lists. It is difficult to make decisions without information. The technical assistance the Council is requesting may help address the expanded duties; but until that time it is premature for the Division to state in the Block Grant application that the Council monitors, reviews and evaluates the adequacy of services for mental health, substance abuse and co-occurring disorders within the State.

Ms. Wilson responded that this issue had been brought up at the Bylaws Subcommittee meeting and it was decided that as the rural monitoring activities had been suspended for two years due to time requirements, an amount would not be requested at this time. Rather than request more funds than the Council had capacity to use, it would be easier to revisit it at a later time. If the Council wants to include a budget amount at this time, the recommendation can be made at the next meeting during approval of the proposed bylaw changes.

Mr. Lovgren agreed that it may not be possible for this Council to undertake that large responsibility, but the Governor should be asked to amend the order. He added that there are other ways to monitor services that do not require a site visit, which is expensive. Some states review applications to receive funding for services.

15. Discuss Date and Proposed Agenda Items for the Council's Next Quarterly Meeting on April 21, 2016

- Orientation for New Members
- Technical Assistance
- Review and Approve Bylaws
- Review Block Grant Budget and Review and Approve Council Budget
- Promotion Committee Budget

Ms. Wilson moved to accept the date and agenda items for the next meeting, and additional subcommittee members. Ms. Jones seconded and the motion carried.

16. Adjournment

There being no further business to come before the meeting, Mr. Faison moved to adjourn the meeting and Ms. Wilson seconded. Motion carried and the meeting adjourned at 11:10 a.m.